State of Florida & Broward County
Bureau of Children's Services
Child Care Licensing and Enforcement Section

ALTERNATE NUTRITION PLAN

Date: _____

Name of Facility: Calvary Christian Academy
Address: 2401 W. Cypress Creek Road
Fort Lauderdale, Florida 33309

Dear Parent:

In accordance with the Broward County Child Care Ordinance\Family Child Care Ordinance, parents and the child care facility/home are urged to work cooperatively to assure that children are provided with nutritious snacks and meals where lunches are not provided by the facility.

Please read the following carefully, sign, and return as soon as possible to Calvary Christian Academy.

The facility/home agrees to provide a nutritious:
(Operator/Director checks those which apply.)

_____ breakfast
_____ mid-morning snack
_____ mid-afternoon snack
_____ evening snack
__X__ no meals or snacks

The parent agrees to provide a nutritious:
(Parent checks those which apply.)

_____ mid-morning snack
_____ lunch
_____ mid-afternoon snack
_____ supper

I have read the preceding and agree to meet the child's nutritional needs as defined above.

_____
Operator/Director Signature

_____
Parent Signature

Meals provided by parents shall consist of the following:

A. Meat/Poultry/ Fish	2 ounces
or cheese	2 ounces
or eggs	1 egg
or peanut butter	4 tablespoons
or dried beans or peas	1/2 cup
B. Fruits (2 or more)	1/2 cup
or vegetables	1/2 cup
or fruits and vegetables	3/4 cup total amount and vegetables must equal 3/4 cup
C. Bread	1 slice
D. Butter	1 teaspoon
E. Milk	1 cup – 8 oz.